

# Flippa Ball / Junior Water Polo



Flippa Ball is a fast growing water sport for Stadium 2000, Aquatic Centre. Many youngsters have now been exposed through attendance of our fundamental skills programme.

**Flippa Ball is a modified version of water polo for beginners aged between 7 and up to and including 13 years (as at the first day of competition).** It is a fun, simple game, all children can enjoy regardless of their height, gender and most importantly of all, their swimming ability.

## **PRIMARY SCHOOL FLIPPA BALL / JUNIOR WATER POLO (TERM 4) 2017**

**DAY:** Wednesday 25<sup>th</sup> October – Wednesday 13<sup>th</sup> December (excluding public holidays)

**TIME:** Deep and Shallow grades 5.15pm, 5.45pm, 6.15pm

2M Junior Water Polo grade 5pm, 5.30pm, 6.00pm, (last game finishes approx 6.30pm)

**COSTS:** \$48 per participant. Consisting of 8 games and optional, free of charge Monday training sessions (5.00 – 5.45pm). School teams who have specified will be sent an invoice.

**POOL DEPTH:** 1 – 1.7 metres (Shallow/Deep Grades), 2 metres (Junior Water Polo Grade)

**EQUIPMENT:** Stadium 2000 will supply player's caps, game ball and referees.

**VENUE:** Stadium 2000 Aquatic Centre

**PLAYING FIELD:** Shallow & Deep Grades, ½ Programme Pool (divided across pool width)  
2m Junior Water Polo Grade, 5 lanes in the Sport Pool

**Players have access to public spaces in other pools before & after games at no extra charge**

### **LENGTH OF GAME:**

**Shallow Grade:** Skills and drills for 10 minutes weeks 1 - 4 then 2 x 6 minute halves.

Weeks 5-9, 2x 12 minute halves

**Deep Grade:** Skills and drills for 8 minutes weeks 1 - 2 then 2 x 6 minute halves.

Weeks 3-9, 2x 12 minute halves

**2m (Junior Water Polo) Grade:** 4x5 minute quarters

### **PLAYERS PER TEAM:**

Shallow/Deep Grades: Five in the pool at any one time (4 plus a goalie), with up to 3 sub players. 2m Grade: Six in the pool at any one time (5 plus a goalie), with up to 3 sub players. Sub players must be age eligible and can only make the team up to six players.

### **AGE GROUP:**

Shallow/Deep Grade: 7 up to and including 11 year olds (age as at first day of competition)

2m Grade: Up to and including 13 years (as at first day of the competition)

### **ENTRY:**

Participants can register as an individual player and Stadium 2000 will try to accommodate within a team. Alternatively a team of players can be registered.

All individual player detail forms or entry of teams are due by **Wednesday 18<sup>th</sup> September 2017**

For more information please contact Bridget 035778300 or email [waterpolo@stadium2000.co.nz](mailto:waterpolo@stadium2000.co.nz)

# Enrolment for Flippa Ball / Junior Water Polo

Stadium 2000 will endeavour to make teams for those individuals interested in Flippa Ball currently not with a group of players/school team.

Please complete the form and return to: Stadium 2000, Kinross St or email [waterpolo@stadium2000.co.nz](mailto:waterpolo@stadium2000.co.nz)

## FLIPPA BALL LEAGUE (TERM 4) 2017

**DAY:** Wednesday 25<sup>th</sup> October – Wednesday 13<sup>th</sup> December (excluding public holidays)

**TIME:** Shallow & Deep Grades 5:15, 5:45pm

2M Grade 5pm, 5:30pm, 6:00pm, (last game finishes at 6.30pm)

**COSTS:** \$48 per player per Term. (INCLUDES Monday night training 5.00– 5.45pm excl public holidays)

**\$48 per player will be expected if we are successful at making a team.  
Please complete the form below and return without payment for now.**

**POOL DEPTH:** 1-1.7 metres (shallow and deep grades), 2 metres (2m grade)

**VENUE:** Stadium 2000 Programme Pool shallow/deep grades (29 degrees), Sport Pool 2m grade (27.5 degrees)

**LENGTH OF GAMES: (running clock)**

**Shallow Grade:** Skills and drills for 8 minutes weeks 1-4 then 2x 6 minute halves.

Weeks 5-10 2x 12 minute halves

**Deep Grade:** Skills and drills for 8 minutes weeks 1-4 then 2x 6 minute halves.

Weeks 5-10 2x 12 minute halves

**2m Grade:** 4 x 5 minute quarters (2m)

### PLAYERS PER TEAM:

Shallow and Deep Grades: Five in the pool at any one time (4 plus a goalie), with up to 3 sub players.

2m Grade: Six in the pool at any one time (5 plus a goalie), with up to 3 sub players.

### AGE GROUP:

Shallow/Deep Grade: 7 up to and including 11year olds (age as at first day of competition)

2m Grade: Up to and including 13 years (as at first day of the competition)

Flippa Ball / Junior Water Polo Player Detail			
<b>Full Name</b>			
<b>Address</b>			
<b>Phone</b>			
<b>Team</b>			
<b>Cell</b>		<b>DOB</b>	
<b>Email</b>			
<b>Grade</b>	Shallow / Deep / 2m (we will try to put you in requested grade where possible)		
<b>Pre Existing Medical Conditions</b>			
<b>Emergency Contact Full Name</b>			
<b>Relationship to participant</b>			
<i>I authorise the use of the above information in the event of an emergency. I consent to any necessary medical treatment.</i>			
<b>Parent/Legal Guardian Full Name</b>			

