



R I C H M O N D V I E W S C H O O L

HONOURS PROGRAMME





MESSAGE FROM THE PRINCIPAL

Welcome to the Richmond View School Honours Programme! The students whom we are entrusted with are diverse and embody many God-given potential capabilities. While we are a small school, we also want to offer as many opportunities for growth as we can.

The word *Honours* implies the 'over and above' nature of the activities available in this programme. These are opportunities that sit above curriculum work and are undertaken by students of their own volition. Some have their own awards systems, (Science and Maths Badges), while others receive recognition through the school directly, (Zest, Enviro etc).

The Bible says the 'whatever our hand finds to do, do it with all you might' (Ecc 9:10) and The RVS Honours Programme is a perfect place to apply this sentiment.

I encourage you to read through the information carefully as a family before undertaking an Honours Programme task. Appendix 2 is also worth looking at from a 'why' point of view.

Students, I pray you thoroughly enjoy the learning and process of growth you encounter as you achieve through the Honours Programme. Some aspects of personal and educational growth are not fun but I encourage you to persevere for the prize at the end, that is learning, growth and new experiences.

A blue ink handwritten signature, appearing to read 'D. Pauling'.

D. Pauling
Principal
(D5) - May 2020



PROCESS OVERVIEW

The Honours Programme is a student initiated and student motivated programme, with adult guidance and support. It is not compulsory, adult driven or 'spoon fed'. Therefore, the onus is on the student to collect all necessary material, to understand the material and also to hand work in on time. The student will then apply for a badge when they have completed all of the necessary requirements. This will be undertaken by completing the correct online form. The staff member in charge will then review the submitted work and authorise badge attainment. The authorisation process will be carried out with all due diligence and care, but their decisions will be final.

The badge is of course not the highest prize of the Honours Programme, but the learning outcomes and growth for self and others.

The RVS Honours Programme Maps (Pg 8, 14 & 21) show the outline of what is available to students at each year level. Some options are completed internally within school but most require external completion (i.e. within the community out of school hours).

The number of opportunities increase as a student progresses through the school and matures in capability, organisational abilities and resilience.

THE PROCESS

5

1



Read through the material online (www.rvs.school.nz/honours-programme) and in the HP Handbook. Talk with you parents/guardian about what you would like to do

2

Online, click on either Bronze, Silver or Gold depending on your year level and choose the area you wish to complete.



3

Choose one major and two minors in the area you have chosen

Choose the 'Other' badge area you wish to complete

4

Fill in the online form and click 

The teacher in charge will contact you with the information you need to get started.

5

GO FOR IT!

Ask for help if you need it, but otherwise it is up to you and your family to complete the requirements.

6

Once you have completed all of the requirements, hand it all to the teacher in charge of Honours Programme and they will instruct you from there.



The activities have been separated into five categories: **Move; Serve and Lead; Create; Think;** and **Other.**



Move

These activities have been chosen to reward students pursuing sport and recreational activities regionally or nationally. As students progress through the school, more opportunities will become available for older students to learn to coach and manage sports teams as well as pathways into umpiring of various sports codes.



Serve and Lead

Servant hearted leadership is a key biblical value. The activities within this category have been selected to support the development of our young servant leaders within our school programmes.



Create

RVS participation in the arts is highly valued and completing the requirements for this badge will support student pursuit of their chosen art form, be it art, music, drama, dance, writing or speech.



Think

This category has been developed with a view toward supporting students who enjoy academic writing, speech making, scripture exploration (memorising as well as apologetics for our senior students in years to come).



Other

The 'Other' activities are often provided by other organisations and have their own reward systems. For example, the RVS Chess Club participates in Marlborough Chess competitions, which enable students to compete for certificates, badges and medals. These activities therefore do not always lead to a separate badge from RVS, but are activities our school values participation in.



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MOVE	SERVE AND LEAD	CREATE	THINK	OTHER
Major area - complete 1	Major area - complete 1	Major area - complete 1	Major area - complete 1	Individual Badges
Sports Representative certificate/sign off Dance Lead part company sign off	Enviro-council Zest Radio / Video helper Choir Orchestra Kapa Haka Ongoing Volunteering	Drama Dance Music Write Art	Scripture Memory Excellence Write Speech Chess Club	Maths Badges Art Badge Info for Science Explorer Badges Explorer Badge sheet Advanced Explorer sheet
Minor area - complete 2	Minor area - complete 2	Minor area - complete 2	Minor area - complete 2	Individual Pursuits
Outdoor Challenge with your family Run either winter or summer sports for the junior classes (over 2 terms) - photo documentation	40 Hour famine and Run for Bibles participation One off community Volunteering (pre approved). Milk service PE Shed Assistant Tech Assistant Library Helper	Drama Dance Music Art	Scripture Memory Speech STEM Design	ICAS - Digital Technologies - Science - Spelling - Writing - English - Mathematics Marlborough Lines Science Fair



Move

Major Tasks

Sports Representative

Once a student has successfully completed one year/one season participation in a Marlborough wide representative level sports team at these year levels they may fill out the [Move Bronze award](#) form online, which will be sent to the staff member in charge for badge consideration.

Dance Lead

Those chosen to be a lead within their dance company must document their involvement (over a 1 year period) and complete the sign off (form online) from their company as a reference to their achievement.

Minor Tasks

Outdoor Challenge (Can be Major task, discuss with TiC)

Students wishing to complete a trip or challenge are required to approach the teacher in charge to discuss (and obtain pre-approval) their event or challenge. Once pre-approved the student is to fill out their [Bronze Adventure Single Trip Plan](#) form online, which will be sent to the staff member in charge for badge obtainment.

Lead Sports for Younger Students

To show competency and willingness to help others to move and participate in sports you must plan either a summer half year or a winter half year focusing on the sports within the chosen season. This must be documented (photos and at least a 1 page write up) on what you did and reflections during the two terms.



Serve and Lead

Major Tasks

ZEST Radio DJ

Students are to serve weekly on the Zest Radio DJ roster consistently for one year. Following this the student must fill out the [Serve and Lead Bronze Award](#) also completing 2 minor tasks.

Enviro-Council

Students are required to complete all necessary service and leadership requirements for the Enviro-Council for one year at the Year 5,6 level. Students are to complete sign off sheet (as above) in order to be eligible to receive the Bronze Lead and Serve badge from the staff member in charge.

Choir

Students must complete 1 year within the choir at this age level and fill out the [Serve and Lead Bronze Award](#) also completing 2 minor tasks.

Orchestra

Students must complete 1 year within the Orchestra at this age level and fill out the [Serve and Lead Bronze Award](#) also completing 2 minor tasks.

Kapahaka

Students must complete 1 year within the Kapahaka at this age level and fill out the [Serve and Lead Bronze Award](#) also completing 2 minor tasks.

Ongoing Volunteering

Choose a community place to offer your time and services. Students are required to approach the teacher in charge to discuss (and obtain pre-approval) their idea. Help over a 1 year time frame in any way you can. Students must document this thoroughly with a timetable and photos and hand in a signed form (as above) from a leader from their community group.

Minor Tasks

40 Hour famine or Run for Bibles

Students must participate twice either in the same fund-raiser twice or one of each fund-raiser during this age level.

Volunteering

Event or community helping. Students are required to approach the teacher in charge to discuss (and obtain pre-approval) for their volunteering before they complete it.

Milk service

Students are to lead, organise and serve as Milk in Schools distributors consistently for one year. Following this the student will be presented with the Bronze Lead and Serve badge by the staff member in charge.

PE Shed Leader

Help the school as a PE shed leader at interval and lunchtime at least once a week for 1 year within this age level. This must be signed off on the above form by both a duty teacher and the teacher in charge of PE to prove your regularity and reliability.

Tech Assistant

Sign-off with your class teacher and the teacher in charge.

Library Helper

Help the school as a Library helper at interval and lunchtime at least once a week for 1 year within this age level. This must be signed off on the above form by both a duty teacher and the Head of Library to prove your regularity and reliability.

**Create****Major Tasks****Dance**

Major role in Blenheim wide production (photo documentation or copy of performance programme). Students must complete the [Create Bronze sign off](#) with 2 other minor areas to obtain this badge.

Drama

Major role in Blenheim wide production (photo documentation or copy of performance programme).

Music

Major role in Blenheim wide production (orchestra / band) (photo documentation or copy of performance programme).

Write

Students must complete a poem, or short story to be published in the once a term 'Bronze Spot light' in school newsletter. Student work must be handed in to the teacher in charge by Week 5 of every term to be considered.

Art

Students must complete an illustration published in either [Stone Soup](#), [Toitoti](#), or equivalent. All ideas must be pre approved by the teacher in charge before completion.

Minor Tasks**Drama**

Major role in our school Production / Talent show (photo documentation or copy of performance programme).

Dance

Plan and create an individual dance, including background and costume design. Film it to hand in to the teacher in charge.

Music

Sing or play a piece of music that is special to you. Give a description why you have chosen it as an intro. Film it to hand in to the teacher in charge.

Art

Art Journal, a combination of your work (separate from the Art Badge) to be handed in to the teacher in charge.

**Think****Major Tasks****Speech**

Students are to compete in the Marlborough Lion's Speech Competition.

Write

Students are to complete a poem, or short story to be published in [Stone Soup](#) or equivalent (this must be pre approved).

Scripture Memory

Coming soon

Chess Club

Regular attendee of Chess Club and Tournaments for an entire school year (within Year 5), working towards and receiving certificates, badges and medals. After a year of service you must sign off with the teacher in charge.

Minor Tasks**Scripture Memory**

Coming soon

Speech

If a student is awarded to share your speech in front of Junior school.

STEM Design

Students provide a detailed design brief including designs and research to overcome a problem (this must be pre approved).

**Other****Individual Badges****Maths Badges**

This is a set of external badges which must be pre purchased at school.

- These Badges have been developed for students working at Levels 3-4 of the Mathematics in the New Zealand Curriculum (approximately Year 4-11)
- Students are able to obtain certificates and badges after completing inquiry-based investigations
- Typically, students complete a predetermined number of investigations from a work card, which is then signed off by the designated staff member, so that awards can be obtained once all required challenges are complete.
- For more information see: <https://www.maths.org.nz>

Art Badge

This is a school badge which will be sent to you once you have registered with the teacher in change via the web page.

Science Badges

This is a set of external badges which must be pre purchased at school.

- Students choose eight activities from a total of 32 available
- At least one activity should be from each of the 4 curriculum areas

The Living World

The Physical World

The Material World

Planet Earth and Beyond

- Stickers are placed by the teacher on the activity sheet once it is completed by the student
- A badge is awarded once all activities are completed

Individual Pursuits

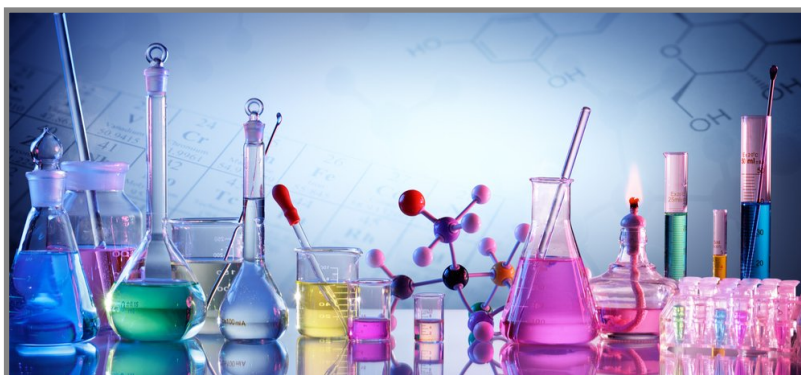
ICAS

These are Australian and New Zealand standardised pay-for tests. The areas you can complete are:

- Digital Technologies
- Science
- Spelling (up to Year 8)
- Writing
- English
- Mathematics
- View more below if interested.

Marlborough Lines Science Fair

Successfully complete and enter project into the fair. Prizes are allocated at the event judges' discretion.





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MOVE	SERVE AND LEAD	CREATE	THINK	OTHER
Major area - complete 1	Major area - complete 1	Major area - complete 1	Major area - complete 1	Individual Badges
Sports Representative certificate/sign off 3 Adventure trips (within a calendar year) Dance Lead part company sign off Sports Umpire	Enviroschools Leader Zest Radio Leader Zest Video Leader Zest Journalist Leader Ongoing community Volunteering Choir Orchestra Kapa Haka Leader	Drama Dance Music Art Write	Scripture Memory Excellence - Write Speech ZEST Accountant Chess Club	Maths Super Award Badges Art Badge Language Badge Science Badges
Minor area - complete 2	Minor area - complete 2	Minor area - complete 2	Minor area - complete 2	Individual Pursuits
Adventure trip :Planning and photo documentation. Sports Coaching of a team for 2 seasons Sports Umpire	40 Hour famine and Run for Bibles Volunteering over one term Enviro-council Leader Peer Mediator Traffic Leader School Lunches Leader Library Leader Tech Assistant	Drama Dance Music	Scripture Memory Speech Science + Technology Engineering Mathematics	Marlborough Lines Science Fair Fair Go Ad Awards St John's Youth Programme Bronze Duke of Edinburgh Award (Skills, Service, Physical Recreation or Adventure Journey) - For Year 9 / 10 only) ICAS - Digital Technologies - Science - Spelling (up to Year 8) - Writing - English - Mathematics



Move

Major Tasks

Sports Representative

Once a student has successfully completed two years/two seasons participation in a Blenheim/ Marlborough wide representative level sports team at these year levels they may fill out the [Move Silver Award](#) form online, which will be sent to the staff member in charge for badge consideration.

3 Adventure Trips

Students wishing to complete their challenges are required to approach the teacher in charge to discuss (and obtain pre-approval) their challenges. Students will then plan and complete at least 3 adventure trips within one calendar year. Each trip must be well documented with facts, information, helpful resources and photos/videos. Use the following [form](#) as your template.

Dance Lead

Those chosen to be a lead within their dance company must document their involvement (over a 2 year period) and complete the sign off (form above) from their company as a reference to their achievement.

Sports Umpiring

To show leadership and willingness to help others, you must be a Sports Umpire for your chosen sport for at least 2 years within these age levels. This must be signed off by a leader in your sports organisation on the following [form](#). Don't forget to include your photo and video proof on the form too.

Minor Tasks**Adventure trip**

Students wishing to complete a trip or challenge are required to approach the teacher in charge to discuss (and obtain pre-approval) their event or challenge. Once pre-approved the student is to fill out their [form](#) online, which will be sent to the staff member in charge for badge obtainment.

Sports Coaching

To show competency and willingness to help others to move and participate in sports you must plan either 2 summer or 2 winter seasons focusing on a sport within those seasons. This must be documented (photos and at least a 4 page write up) on what you did and reflections during the two seasons.

Sports Umpiring

To show leadership and willingness to help others, you must be a Sports Umpire for your chosen sport for at least 1 term within these age levels. This must be signed off by a leader in your sports organisation on the following [form](#).

**Serve and Lead****Major Tasks****Enviro-Schools Leader**

Students are required to be one of the Major leaders of Enviro-Council for obtaining next level status for our school. You must serve and lead for at least two years at the Year 7-10 level, during this time having received Silver level status. Students are to complete the sign off [form](#) in order to be eligible to receive the Silver Lead and Serve badge from the staff member in charge.

ZEST Leader

Students are to lead and serve for either the Zest Radio Shack, Zest journalism team or the Zest Videography team for two years. Following this the student must fill out the form (as above) also completing 2 minor tasks.

Ongoing Volunteering

Choose a community place to offer your time and services. Students are required to approach the teacher in charge to discuss (and obtain pre-approval) their idea. Help over a 1 year time frame in any way you can. Students must document this thoroughly with a timetable and photos and hand in a [form](#) of documentation, including sign off from a leader from their community group.

Choir

Students must complete 2 years within the choir at the Year 7-10 age level and fill out the form (as above) also completing 2 minor tasks.

Orchestra

Students must complete 2 years within the orchestra at the Year 7-10 age level and fill out the form (as above) also completing 2 minor tasks.

Kapa Haka Leader

Students must complete 2 years within the Kapa Haka at the Year 7-10 age level. To obtain this you must be a leader within the Kapa Haka (waiata leadership or haka leadership) and fill out the form (as above) also completing 2 minor tasks.

Minor Tasks**40 Hour famine or Run for Bibles**

Students must participate twice either in the same one twice or one of each fundraiser during this age level.

Volunteering

Event or community helping. Students are required to approach the teacher in charge to discuss (and obtain pre-approval) for their volunteering before they complete it and sign it off on the form (as above).

Peer Mediator

Help the teacher aides as a mediator and Junior school helper at interval and lunchtime at least once a week for 1 year within this age level. This must be signed off on the above form by both a duty teacher and teacher aide to prove your regularity and reliability.

Traffic Control Leader

Help the school to act as a stop go traffic assistant after school at least once a week for 1 year within this age level. This must be pre approved and signed off on the above form by your teacher and to prove your regularity and reliability.

School Lunches Leader

Help the school as a Canteen leader at interval and lunchtime at least once a week for 1 year within this age level. This must be signed off on the above form by both a duty teacher and Canteen leader to prove your regularity and reliability.

Library Leader

Help the school as a Library leader at interval and lunchtime at least once a week for 1 year within this age level. This must be signed off on the above form by both a duty teacher and the Head of Library to prove your regularity and reliability.

Tech Assistant

Students are to serve their class and other classes as tech support for 2 years within these year levels (7-10). After this service you must sign off with both the relevant class teachers to prove your regularity and reliability.



Create

Major Tasks

Drama

Major role in Blenheim wide production (photo documentation or copy of performance programme). Students must complete the [Create Silver form](#) and obtain sign-off from their production leader.

Dance

Major role in Blenheim wide production (photo documentation or copy of performance programme). Students must complete the form above and obtain sign-off from their company leader.

Music

Major role in Blenheim wide production (orchestra / band). This must include photo documentation or copy of performance programme plus a sign off from your orchestra leader.

Art

Students must complete an online Art portfolio of their work. You must not use work that has previously been submitted at other year levels or for other areas (eg on your Art Badge). There must be at least 20 images using different media and you must have a blurb explaining your research and meaning behind each piece of your work.

Write

Students must complete a Written Portfolio which includes a poem, memoir and a factual report to be published in the once a term 'Silver Spot light' on the Honours Celebrations part of our school website. Student work must be handed in to the teacher in charge by Week 5 of every term to be considered.

Minor Tasks

Drama

Major role in our school Production / Talent show (photo documentation or copy of performance programme) with sign off on the above form from a teacher in charge.

Dance

Plan and create an individual dance, including background and costume design. Film it to hand in to the teacher in charge.

Music

Sing or play a piece of music that is special to you. Give a description why you have chosen it as an introduction. Film it to hand in to the teacher in charge.



Think

Major Tasks

Scripture Memory Excellence

Students must recall any school Scriptures you have learned within the current year (including extra scriptures) to the teacher in charge.

Write

Students must write a poem, or short story to be published in [Launch Pad](#) or equivalent. Please remember to get pre-approval from the teacher in charge.

Speech

Students must have competed in the Marlborough Lion's Speech Competition and then obtain sign off from the teacher in charge.

ZEST Accountant team

Students must keep records, reports on and oversee the ZEST budget for a two year period. This includes rosters and reporting on the blog etc. You must obtain sign-off from the teacher in charge.

Chess Club

Regular attendee of Chess Club and Tournaments for 2 school years (within Year 7-10), working towards and receiving certificates, badges and medals. After a year of service you must sign off with the teacher in charge.

Minor Tasks**Scripture Memory sign-off**

Students must obtain sign-off for learning all of the required verses from the entire RVS Scripture Memory Pathway throughout their time at school.

Speech

Students must be awarded to share your speech in front of Middle school. Sign-off from your teacher on the above form.

Science + Technology

Plan and design an idea you have to solve a problem for someone. You must have a detailed online design brief through to a prototype you have made. All needs to be referenced with APA referencing and have a detailed bibliography of your research.

Engineering

You must receive pre-approval for this task. Then think of a current invention. How can this be perfected and made better, stronger or more effective? You must have a detailed online design brief through to a prototype you have made. All needs to be referenced with APA referencing and have a detailed bibliography of your research. You must then hand in your work to the teacher in charge.

Mathematics (Once up and running)

Be a part of the Future Problem Solving school team for 1 year. You must obtain sign-off from your Math teacher in charge.

**Other****Individual Badges****Maths Super Awards**

This is a set of external badges which must be pre purchased at school.

- These Badges have been developed for students working at Levels 3-4 of the Mathematics in the New Zealand Curriculum (approximately Year 4-11)
- To obtain a Maths Super Award you must complete 3 Maths Awards within a year timeframe.

Art Badge

This is a school badge which you can download off the website once you have registered with the teacher in charge (either in person or via the web page). All work must be completed within Years 7-10 group. Only once you have completed all of your work which equals 15 stars or more should you hand it in to the teacher in charge for marking and pay for the badge at the office. Please display it all in a folder or book with no loose pages. Highlight the tasks you have completed and return this sheet with your completed badge.

Language Badge

This is a school badge which you can download off the website once you have registered with the teacher in charge (either in person or via the web page). All work must be completed within Years 7-10 group. Only once you have completed all of your work which equals 15 words or more should you hand it in to the teacher in charge for marking and pay for the badge at the office.

Science Badges

This is a set of external badges which must be pre purchased at school. You must look online to choose your badge and let the teacher in charge know your choice for them to order. Only then will the task sheet be sent to you. There are a wide variety of Badges to choose from and other awards if you really enjoy completing your Science Badges.

Individual Pursuits**Marlborough Lines Science Fair**

Successfully complete and enter your project into the fair. Prizes are allocated at the event judges' discretion.

Fair Go Ad Awards

Successfully complete and enter your project into the Fair Go Ad Awards. Share the video and Youtube clip of your ad being played with the teacher in charge.

St. John's Youth Programme

- St. John Youth Programmes have a long history of providing effective youth training programmes in the areas of: first aid, health care, leadership and life skills for students between the ages of 8-18.
- All students participate weekly in the 'Grand Prior's Award Scheme', working towards badges.

Bronze Duke of Edinburgh Award (Physical Education or Adventure Journey) - For Year 9 / 10 only)

Bronze is the first level of the Award, and you can start it in the school year that you turn 14. Bronze takes a minimum of 6 months to complete. Go to the [link](#) to see what is involved.

ICAS

These are Australian and New Zealand standardised pay-for tests. The areas you can complete are:

- | | |
|---------------------------|---------------|
| - Digital Technologies | - Writing |
| - Science | - English |
| - Spelling (up to Year 8) | - Mathematics |



R I C H M O N D V I E W S C H O O L
HONOURS PROGRAMME





RVS Honours Programme Map GOLD: YEARS 11-13

MOVE	SERVE AND LEAD	CREATE	THINK	OTHER
Coming in 2021				

‘Other’ Category Detail

Science Badges

- This programme has been designed for students in Years 7-10
- There are 29 badges and certificates attainable by completing the tasks associated with each challenge
- An Activity Sheet must be ordered at school for each topic is bought (\$6) and the student must finish 20 points from a total of 47 points per sheet, with the exception of the Investigation Badge, which requires the student to complete all of the activities listed
- Completed work is handed to a designated staff member for marking and signing off once successfully finished
- Work is to be completed outside of school time, and once completed is handed to the designated staff member for marking and signing off once work is successfully finished
- Subsequent to completing each level 5 Bronze badges, 10 Silver badges and 15 Gold badge Incentive.
- For more information see: <http://www.sciencebadges.co.nz/badges.html>

Maths Badges

- These Badges have been developed for students working at Levels 3-4 of the Mathematics in the New Zealand Curriculum (approximately Year 4-11)
- An Activity Sheet must be ordered at school for each topic is bought (\$10) and the student must finish 3 of the activities from each section.
- Students are able to obtain certificates and badges after completing inquiry-based investigations
- Typically, students complete a predetermined number of investigations from a work card, which is then signed off by the designated staff member, so that awards can be obtained once all required challenges are complete.
- Super Award Challenges are awarded if a student completes three Investigation Work Cards within one year (12 month period). For more information see: <https://www.maths.org.nz>

ICAS Testing

- ICAS testing is an assessment programme used by Australia (country of origin), New Zealand and over twenty other countries.
- It is comprised of a series of academic assessments for primary and secondary school students, including digital technologies (8 tests), english (11 tests), maths (11 tests), science (11 tests), spelling (6 tests), and writing (10 tests).
- Tests are sat at school to emulate exam conditions and schools are provided with guidelines to ensure all students sit the tests in the same conditions. A minimum of three entries per subject is required (these may be of varying school levels).
- See: <https://unswglobal.unsw.edu.au/educational-assessments/>

St. John Youth Programmes

- St. John Youth Programmes have a long history of providing effective youth training programmes in the areas of: first aid, health care, leadership and life skills for students between the ages of 8-18.
- All students participate weekly in the 'Grand Prior's Award Scheme', working towards badges.
- See: <https://youth.stjohn.org.nz/public/what-we-do/cadet-programme/>



Appendix 1

BRONZE	Number of Students	What must I do to be involved?	Teacher in Charge
Move - Junior Coaching		Come up with an idea of what you would like to coach at lunchtimes. Sign up online.	Mrs Wilson
Serve and Lead - Zest Radio	15	Sign up on the sign up sheet.	HP Organiser
Serve and Lead - Zest Video	10	To be a part of this team you must film and edit a short clip or video that you have made completely yourself. It should be interesting with good technological understanding and knowledge of camera angles, light, and sound. Hand this into the teacher in charge.	HP Organiser
Serve and Lead - Zest Journalism	6	To be a part of this team you must write an interesting current events report to hand in. Hand this into the teacher in charge.	HP Organiser
Serve and Lead - Tech assistant	2 per class	Your classroom teacher will choose you and your job is to take care of all electronic equipment in your class, help others with their technical problems and respond to tech emergencies.	Your class teacher
Serve and Lead - PE Shed	10	These students are already working towards this part of their Serve and Lead badge area.	Mrs Wilson
Serve and Lead - Milk service	10	To be confirmed. Students on this team will pick up and distribute the milk outside to students.	Mr Newton
Create - Write	1	Write a short story or poem and hand it in for consideration by Week 5 of every term. One person per term will be chosen to be our highlighted "Bronze Spot light" on our school's honours area on the website.	Mrs Van der Vyver
Think - Chess club		Go to every Chess practise and Tournament. Chess Club is a lot about participation and fair play.	Mr Brown
ICAS		These are pay-to-sit tests that are done at school but paid for by you. Go here for more information.	Your class teacher
Marlborough Lines Science Fair		Sign up with Mrs Ramsey.	Mrs Ramsey

Appendix 2

SILVER	Number of Students	What must I do to be involved ?	Teacher in Charge
Move - Sports Coaching		Coach one of our Junior school sports teams for 2 seasons.	Mr Newton
Serve and Lead - Zest Radio	15	Sign up on the sign up sheet.	HP Organiser
Serve and Lead - Zest Video	10	To be a part of this team you must film and edit a short clip or video that you have made completely yourself. It should be interesting with good technological understanding and knowledge of camera angles, light and sound. Hand this into the teacher in charge.	HP Organiser
Serve and Lead - Zest Journalism	6	To be a part of this team you must write an interesting current events report to hand in. Hand this in or email to the teacher in charge.	HP Organiser
Serve and Lead - Tech assistant	2 per class	Your classroom teacher will choose you and your job is to take care of all electronic equipment in your class, help others with their technical problems and respond to tech emergencies.	Your class teacher
Serve and Lead - Enviro schools Leader	2	The teacher in charge will choose you and it is your job to encourage, organise and plan towards leading our school to Silver Status. This will take hard work, good leadership and team working skills.	Mr Brown
Serve and Lead - Peer Mediator	10	The teacher in charge will choose you and it is your job to mediate and help any younger students out in the playground. You will receive training and be part of a Middle school team.	Mrs Pigou
Serve and Lead - Traffic assistant	10	Sign up on the sign up sheet. For helping as a traffic assistant, you will look after the children in the Junior school, ensuring that they stay on the grassed areas and are safe.	Mr Brown
Serve and Lead - Lunches	10	Sign up on the sign up sheet. You will pick up and ensure all lunches are there on your allocated day then deliver them to the appropriate classes.	Mrs Marwick / Mrs Foote
Serve and Lead - Library	2 per class	Do you love helping? Do you love books? Then tell your teacher and you might be one of the 2 Library monitors for your class.	Your class teacher / Mrs Ramsey

Create - Write	1	Write a short story or poem and hand it in for consideration by Week 5 of every term. One person per term will be chosen to be our highlighted "Silver Spot light" on our school's honours area on the website.	Mrs Pigou
Think - Chess club		Go to every Chess practise and Tournament. Chess Club is a lot about participation and fair play.	Mr Brown
Think - Future problem solving	4	Are you a problem solver? Do you like a challenge? Are you someone who thinks outside the box? Then sign up your interest with the teacher in charge.	Mr Newton / Mr Adamson
ICAS		These are pay-to-sit tests that are done at school but paid for by you. Go here for more information.	Your class teacher
Marlborough Lines Science Fair		Sign up with Mrs Ramsey.	Mrs Ramsey

APPENDIX 3

HONOURS PROGRAMME (INCLUDING ZEST) BACKGROUND

HOW CAN ZEST/HONOURS PROGRAMME ACTIVITIES HELP?

- By providing opportunities for structured risk taking and trying out new things
- Aiding development of independence skills (including decision making) in a supportive environment
- Safe experiences, in combination with adult supported reflection and review, are critical in support of brain development of regions involved with increased cognitive control of emotions and impulses
- Trialling 'risky' behaviours in a safe, supportive environment to develop brain circuitry and skills to transfer to real life contexts
- Supportive adults and contexts support young people by being the 'brakes' while they are developing their own (McAnarney, 2008)
- As Chamberlain (2009a) "While part of adolescence is about seeking new experiences and independence, teens still need lots of quality time with healthy adults to help shape their brains and learn the skills to transition into adulthood. They need the guidance of adults' mature prefrontal cortexes, even more so when they have histories of trauma."
- To develop the '6 C's' in our young people (see below)
- To afford opportunities for students wishing to extend themselves above and beyond baseline class work
- To provide opportunities to sample different skill areas to potentially inspire current or future vocational and/or recreational engagement
- To provide opportunities to bolster the home and school interface and further involve whanau in the student's educational life

MACRO CONSIDERATIONS

"Adolescence is one of the most dynamic events of human growth and development, second only to infancy in terms of the rate of developmental changes that can occur within the brain" (Arain et. al, 2013; p 451). Overall this period of brain development is centred around extensive re-organising, primarily in two regions: the **prefrontal cortex** and the **limbic system** (Arain et. al, 2013); (Steinberg, 2015). These two regions are key parts of our 'social brain'. Adolescence is the tale of these two regions learning to work together, one centred around generation of emotion and the other rational thought. Applied knowledge of the neurological progressions of this developmental period can support key adults in young people's lives to identify and provide what is needed for them to grow into well-adjusted young adults (Steinberg, 2015).

KEY BRAIN PLAYERS OF ADOLESCENCE

Limbic system:

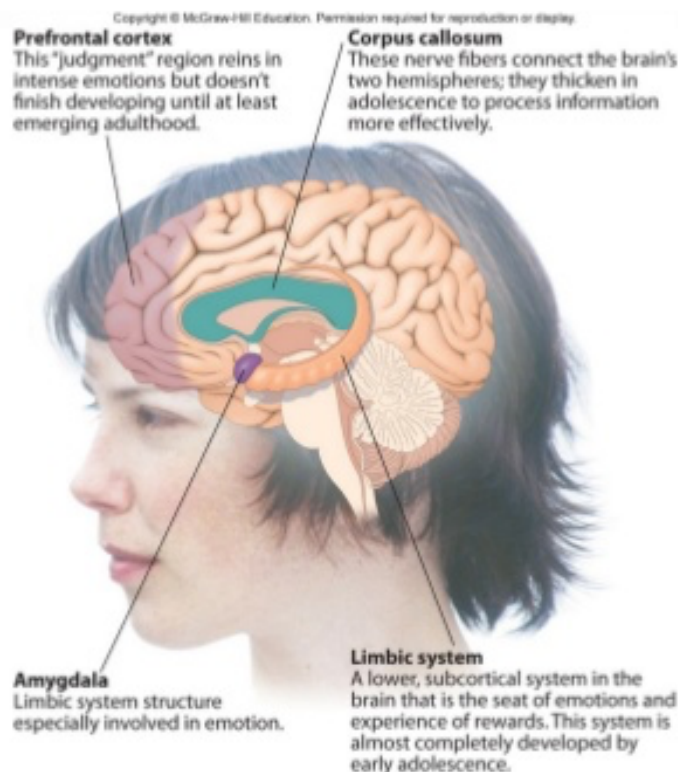
- Comprised of the amygdala, the hippocampus, and the hypothalamus.
- Involved with decision making, expression of emotions and motivation (including anger, fear, and fight/flight responses), risk taking behaviours, feelings of pleasure (reward behaviours), memory storage, reading of the emotions of others

- Adolescent brains use 'thinking' parts of the brain less during decision making and also interpersonal interactions, in favour of 'emotional' parts of the brain, especially when reading emotional responses of others - creating the scene for more irrational, illogical responses
- The limbic system develops earlier and faster than the cortex, meaning that until the cortex can catch up with the limbic system, the desire for rewards and social pressures can override rational thinking (Steinberg, 2007; Galvan, 2007; Casey, Getz, & Galvan, 2008).

Prefrontal cortex:

- Remains in a process of continuous reconstruction, consolidation, and maturation during adolescence
- Involved with cognitive analysis, abstract thought, and the moderation of correct behavior in social situations Brings rational thought and orders actions based on information acquired from the senses
- The prefrontal cortex is one of the last regions of the brain to reach maturation - until around age 25

FIGURE 9.2 - CHANGES IN THE ADOLESCENT BRAIN



Corpus Callosum:

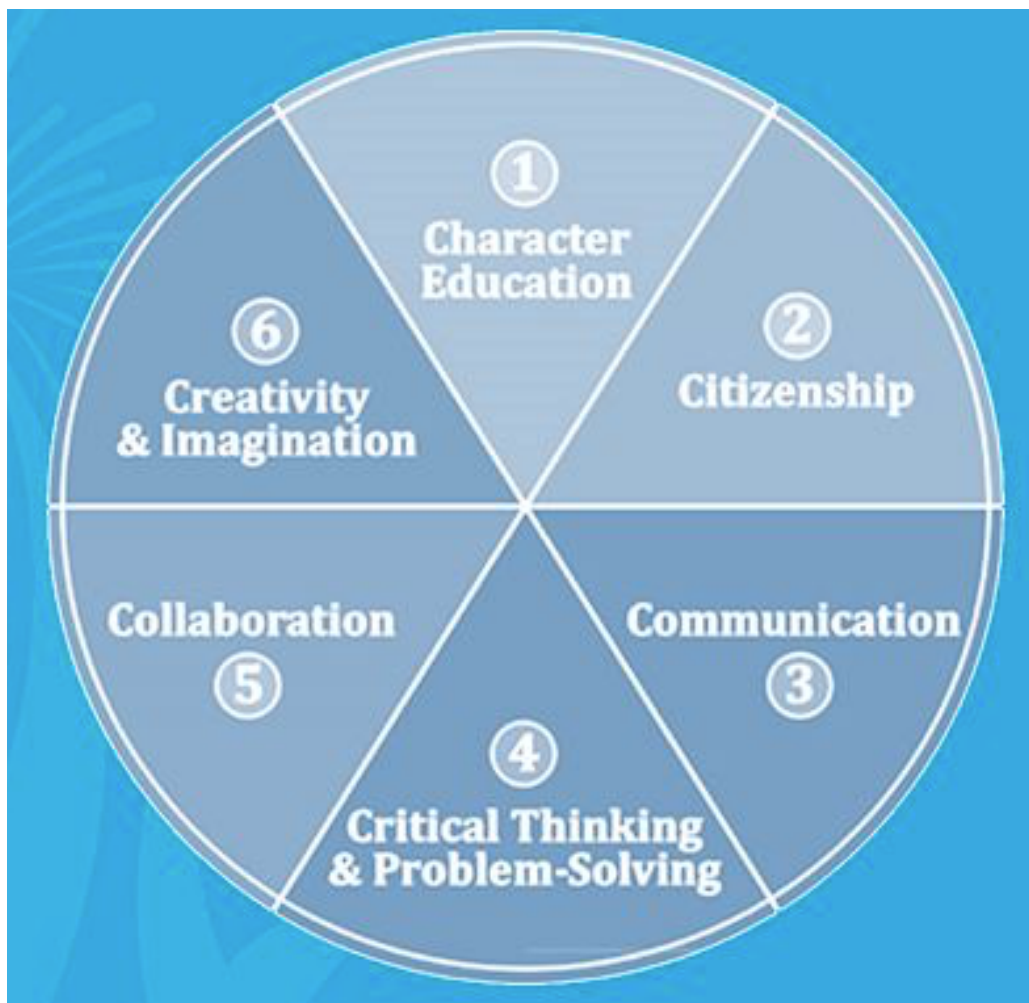
- Fibres increase dramatically in the corpus callosum, which is the bundle of nerve fibers connecting the right and left hemispheres of the brain
- This enables efficient communication between the hemispheres and affords a full intermingling of analytical and creative strategies

Every brain region is undergoing change

- Parietal lobe
- Occipital lobe
- Temporal lobe
- Frontal lobe
- Brainstem
- Cerebellum

THE 6C'S FRAMEWORK FOR COMPETENCIES

(From Coherence, Michael Fullan, 2016)



DEEP LEARNING COMPETENCIES - THE 6Cs

Communication

- Coherent communication using a range of modes
- Communication designed for different audiences
- Substantive, multimodal communication
- Reflection on and use of the process of learning to improve communication

Critical Thinking

- Evaluating information and arguments
- Making connections and identifying patterns
- Problem solving
- Meaningful knowledge construction
- Experimenting, reflecting, and taking action on ideas in the real world

Collaboration

- Working interdependently as a team
- Interpersonal and team-related skills
- Social, emotional, and intercultural skills
- Management of team dynamics and challenges

Creativity

- Economic and social entrepreneurialism
- Asking the right inquiry questions
- Considering and pursuing novel ideas and solutions
- Leadership for action

Character

- Learning to learn
- Grit, tenacity, perseverance, and resilience
- Self-regulation and responsibility
- Empathy for and contributing to the safety and benefit of others

Citizenship

- A global perspective
- Understanding of diverse values and worldviews
- Genuine interest in human and environmental sustainability
- Solving ambiguous, complex, and authentic problems

DEEP LEARNING COMPETENCIES (THE 6 C's)

[illegible]

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